

DRUG FREE SCHOOL & WORKPLACE

It is the policy of Mid-Del Public Schools that all students and employees of the district be aware of the district's program to maintain a drug-free environment.

Students who manufacture, distribute, dispense, possess, or use controlled substances, including anabolic steroids or alcohol, shall be subject to disciplinary action. Such disciplinary action may include long-term suspension or expulsion for student. Students are subject to referral for prosecution under applicable laws.

MDTC shall be designated as a drug free workplace and campus. Any location, at which MDTC conducts school, is included in this policy, as are all school-related activities both on and off campus. Students are hereby notified that the possession, use or distribution of illicit drugs, counterfeit drugs, prescription drugs, and/or alcohol shall be considered a safety violation to all concerned as well as a health risk for the user. Applicable sanctions under local, state, and federal law for unlawful possession, use, or distribution of illicit drugs and/or alcohol will be enforced. Sanctions imposed by MDTC will be consistent with local, state, and federal laws and will be in addition to legal prosecution.

In instances of reasonable suspicion, MDTC may perform rapid eye tests and drug tests. Flag behaviors for determination of reasonable suspicion might be odor, abnormal behavior, sleepiness, listlessness, lack of concentration or attendance problems.

Students are not allowed to possess medical marijuana or marijuana-related products during the school day, on school grounds, in school vehicles or buses, or at school-related activities. The district reserves the right to discipline students who fail to adhere to Oklahoma law and/or the requirements of policy J-42. Such disciplinary action will be addressed in accordance with the student discipline code.

Various state and federal laws impose severe penalties for the use, possession or sale of controlled substances. The Federal Controlled Substance Act, 21 United States Code Annotated and the Comprehensive Drug Abuse and Control Act of 1970, 21 U.S.C.A., Section 848, provides federal sanctions and the Uniform Controlled Dangerous Substance Act, Oklahoma Statutes, Title 63, Section 2-101, and others, plus various criminal statutes provide state sanctions.

Chemical dependence is a progressive disease that does not disappear of its own accord. Because drugs have a destructive impact on the brain, regular users lose control over their behavior, and most of them find it extremely difficult to stop using drugs without outside intervention. Using a drug just "one time" predisposes a person to try it again because that person has apparently violated a taboo without impunity. Any student in this school district who believes he or she may have a problem with drug abuse may be referred to appropriate local agencies for counseling, treatment, or rehabilitation. For additional information concerning assistance available for the district's plan of operation, please refer to the school counselor/ career advisor.

Legal References:

O.S. 70-1210-221 et seq.

Public Law 101-226

PLAN OF OPERATION

In recognition of the devastating effects that the unlawful use of drugs, alcohol, and other controlled substances has on individuals, families, and society in general; and in compliance with Public Law 101-226 and Public Law 100-690 establishes the following provisions and information to implement a Drug-Free School and Workplace:

In total commitment to the Position stated below; and in conjunction with Public Laws 101-226 and 100-690 will publish and distribute annually to all students and employees the provisions of its drug awareness and prevention program. This publication will include:

1. The Position Statement
2. Provisions and information associated with unlawful alcohol, drug, and controlled substance abuse, describing:
 - o The legal sanctions
 - o The disciplinary sanctions by Mid-Del
 - o The health risks
 - o Available counseling and treatment programs
 - o Employee responsibilities for reporting criminal drug conviction.

Mid-Del will conduct a biannual review of the program to determine its effectiveness, implement needed changes, and ensure that disciplinary sanctions are consistently and fairly enforced and will submit all required reports, certifications, and copies of its Anti-Drug program to the specified and appropriate entities.

POSITION

Mid-Del exists for the primary function and purpose of enhancing the lives and career opportunities of those served, through vocational-technical training and other self-improvement aspects of the curriculum. Therefore, philosophically, all negative behaviors would have to be discouraged. However, in the case of the unlawful possession, use, manufacture, or distribution of illicit drugs, alcohol, or other controlled substances, Mid-Del Tech Center as a matter of policy, strictly prohibits and will not tolerate these activities by students and/or employees while on district property, including grounds, buildings, parking lots, and vehicles; or while participating in district activities or business while off campus.

PROVISIONS

Mid-Del's Drug-Free School and Workplace Program will operate under the following provisions:

- o Mid-Del retains control over all district property, including buildings, grounds, parking lots, and vehicles. Lockers/ desks or any other property assigned to a student/ employee will be on a joint control basis, with the right to inspect at any time retained by Mid-Del.
- o Students/ employees who are under the influence of drugs, alcohol, or other controlled substances (excluding medication prescribed by a doctor for their treatment) while on district property or involved with district activities will be in violation of Mid-Del's Drug-Free School and Workplace Policy prohibiting the use of such substances, regardless of where the substances were actually consumed or used.

- The unlawful possession, use, manufacture, or distribution of illicit drugs, alcohol, or controlled substances is prohibited by state and federal criminal law that contains the appropriate law enforcement authorities, including the Oklahoma County Sheriff's department.
- Violation of Mid-Del's Drug Free School and Workplace policy by adult students will result in notification of the appropriate law enforcement authorities.
- Disciplinary actions by Mid-Del will be administered fairly in compliance with state and federal statutes, and in compliance with Mid-Del's commitment to non-discrimination, as established in the non-discrimination policy. Disciplinary actions may include any or all of the following:
 - Suspension (in the case of employees, without pay)
 - Probation, pending proof of satisfactory participation in an appropriate drug/alcohol abuse treatment program, at the student's/ employee's expense
 - Expulsion for students
 - Termination for employees
 - Referral for prosecution
- Employees of Mid-Del are required as a condition of employment and by Public Law 100-690 to report to their supervisor, any criminal convictions for drug-related actions.
 - Any employee convicted of violating a criminal drug statute in this workplace must inform the school of such conviction (including pleas of guilty and nolo contendere) within 5 days of the conviction occurring. Failure to inform the school subjects the employee to disciplinary action up to and including termination for the first offense.
 - Mid-Del Tech Center must notify federal funding sources within 10 days after receiving notice from the employee or otherwise receives actual notice of such a conviction.
 - The school reserves the right to offer employees convicted of violating a criminal statute in the workplace participation in an approved rehabilitation or drug abuse assistance program. If such a program is offered and accepted by the employee, then the employee must satisfactorily participate in the program as a condition of continued employment.

Individuals who desire a referral from another source should contact the Oklahoma Department of Mental Health at the following phone numbers:

Oklahoma City Reach-Out 405-271-2444

Teen-line (12noon – midnight) 405-271-TEEN

Mental Health & Substance Abuse Reachout 1-800-522-9054

This agency provides referral, education and advocacy services at no cost on a statewide basis.

GENERAL CATEGORIES OF DRUGS & THEIR EFFECTS

The following information is about specific types of drugs, how to recognize and avoid them and the immediate and long-term effects. This information should be considered general in nature, and although accurate, may not apply to specific individuals due to physiological differences.

- *Alcohol* - Short-term effects include behavior changes, impairment of judgment and coordination, greater likelihood of aggressive acts, respiratory depression, irreversible physical and mental abnormalities in newborns (fetal alcohol syndrome) and death. Long-term effects of alcohol abuse include damage to the liver, heart and brain, ulcers, gastritis, malnutrition, delirium

tremors, and cancer. Alcohol combined with other barbiturates/ depressants can prove to be a deadly mixture.

- *Amphetamines/ Stimulants (speed, uppers, crank, caffeine, etc.)* - Amphetamines speed up the nervous system which can cause increased heart and breathing rates, higher blood pressure, decreased appetite, headaches, blurred vision, dizziness, sleepiness, and death due to stroke or heart failure.
- *Anabolic Steroids* - Steroids affect the liver, cardiovascular, and reproductive systems. They can cause sterility in males and females, as well as impotency in males.
- *Barbiturates/ Depressants (downers, Quaaludes, valium, etc.)* - Depressants slow down the central nervous system which can cause decreased heart and breathing rates, lower blood pressure, slowed reactions, confusion, and distortion of reality, convulsions, respiratory depression, coma and death. Depressants combined with alcohol can be lethal.
- *Cocaine/ Crack* - Cocaine stimulates the central nervous system and is extremely addictive, both psychologically and physically. Effects include dilated pupils, increased heart rate, elevated blood pressure, insomnia, loss of appetite, hallucinations, paranoia, seizures, and death due to cardiac arrest or respiratory failure.
- *Hallucinogens (PCP, LSD, etc.)* - Hallucinogens interrupt the functions of the part of the brain, which controls the intellect and instinct. Such use may result in self-inflicted injuries, impaired coordination, dulled senses, incoherent speech, depression, anxiety, violent behavior, paranoia, hallucinations, increased heart rate and blood pressure, convulsions, coma, and heart and lung failure.
- *Inhalants (aerosol sprays, glue solvents, etc.)* - The immediate negative effects of inhalants include nausea, sneezing, coughing, nosebleeds, fatigue, lack of coordination, and loss of appetite. Solvents and aerosol sprays also decrease the heart and respiratory rates and impair judgment. Long-term use may result in hepatitis or brain damage. High concentration of inhalants can cause suffocation by displacing the oxygen in the lungs or by depressing the central nervous system to the point that breathing stops.
- *Cannabis (marijuana, hashish, hash, etc.)* - Cannabis impairs short-term memory, comprehension, concentration, coordination, motivation and may also cause paranoia and psychosis. Marijuana smoke contains more cancer causing agents than tobacco smoke. The way in which marijuana is smoked, deeply inhaled, and held in the lungs for a long period, enhances the risk of getting cancer. Combined with alcohol, marijuana can produce a dangerous multiplied effect.
- *Narcotics (smack, horse, Demerol, Percodan, etc.)*: Narcotics initially produce feelings of euphoria often followed by drowsiness, nausea, and vomiting. An overdose may result in convulsions, coma, and death. Tolerance develops rapidly and dependence is likely. Using contaminated syringes to inject such drugs may result in HIV.
- *Tobacco/ Nicotine*: Tobacco causes some 170,000 people in the United States to die each year from smoking related coronary heart disease. Thirty percent of the 130,000 cancer deaths each year are linked to smoking. Lung, larynx, esophagus, bladder, pancreas, and kidney cancers strike smokers at increased rates. Emphysema and chronic bronchitis are ten times more likely among smokers.

LEGAL ASPECTS

The standards of conduct expected by Mid-Del Tech Center which deal with possession/ distribution of controlled dangerous substances, alcoholic and non-intoxicating beverages, not only have serious consequences related to school enrollment, but also are criminal offenses as defined by the State of Oklahoma and the Federal Government.

The following is a summary of the laws affecting illegal actions in these areas:

- **DRUGS:** Oklahoma Criminal Laws, Title 63, state the offenses of unlawful delivery or possession of a narcotic, illegal drug, or controlled drug are punishable as felonies. Oklahoma law punishes the possession, distribution or manufacture of drug paraphernalia as a misdemeanor. Adults who distribute drugs or alcohol to minors are punished as felons. Federal laws punish the distribution of drugs on or around school grounds by doubling the normal punishment.
- **ALCOHOL:** Oklahoma Criminal Laws, Title 37, defines and punishes drinking and being drunk in public places as a misdemeanor. Oklahoma laws punish the distribution of alcohol to a minor as a misdemeanor.

COUNSELING, TREATMENT, AND REHABILITATION

Although Mid-Del Tech Center does not provide drug counseling, treatment, or rehabilitation programs on campus, a counselor will assist students with the location of local agencies that can be of assistance in this area. Students who recognize that they have a problem are encouraged to make contact with these agencies or ask for assistance to do so from a counselor, instructor, or administrator. A few of the agencies that might be contacted are included but are not limited to:

Southwest Prevention Center	405-325-1454
Area Prevention Resource Center	405-275-3391
Eagle Ridge Institute	405-840-1359
Mid-Del Youth and Family Center	405-733-5437
INTEGRIS Mental Health Center	405-427-2441
NorthCare	405-858-2700
Gateway to Prevention and Recovery	405-273-1170
Willow View Mental Health Services	405-427-2441
The Referral Center	405-525-2525
St Anthony Hospital Care Unit	405-272-6216
Red Rock Behavioral Health Services	405-987-7625
Call Sam (Student Assistance by Mercy)	855-225-2726

- **HOTLINES**
 - Teen-Line 800-852-8336
 - Reach Out 800-522-9054
 - Alcoholics Anonymous 405-842-1200
 - Alanon 405-767-9071

Cocaine Anonymous	855-870-2265
-------------------	--------------

24/7 Drug Addiction Help	800-662-4357
--------------------------	--------------

Suicide Hotline	800-273-8255
-----------------	--------------

○ DISASTER/CRISIS RESOURCES

Disaster Relief

American Red Cross – Central Oklahoma	405-228-9500
---------------------------------------	--------------

Oklahoma County Emergency Management	405-713-1360
--------------------------------------	--------------

Salvation Army	800-728-7825
----------------	--------------

Crisis Intervention

Heartline	211
-----------	-----

Oklahoma County Crisis Intervention	405-522-8100
-------------------------------------	--------------

Women’s Service and Family Resource Center	405-222-1818
--	--------------

YWCA Women’s Shelter	405-948-1770
----------------------	--------------

Abuse: Drugs and Alcohol

Okla. Dept. of Mental Health & Substance Abuse	800-522-9054
--	--------------

Mid-Del Youth and Family	405-733-5437
--------------------------	--------------

Statewide Substance Abuse Hotline	800-522-9054
-----------------------------------	--------------

Abuse: Child and Adult Care

Okla. Dept. of Mental Health	800-522-9054
------------------------------	--------------

Mid-Del Youth and Family	405-733-5437
--------------------------	--------------

Counseling Services

Calm Waters for Children and Families	405-841-4800
---------------------------------------	--------------

Mid-Del Youth and Family	405-733-5437
--------------------------	--------------

Food Banks

Mid-Del Food Pantry	405-732-3603
---------------------	--------------

Master’s Market	405-737-2010
-----------------	--------------

St. Phillip Neri	405-737-4496
------------------	--------------

First Southern Baptist Church	405-732-1300
-------------------------------	--------------

Saint Luke Baptist Food Pantry	405-769-5123
--------------------------------	--------------